

RESET main targets highlighted by young female researchers, the real influencers

On the occasion of International Women Day, multiple women involved in science and research (PhD or postgraduate students) within RESET universities were asked to share their personal experiences on being female researchers and combining personal and professional lives.

Without surprise, all testimonies confirm the results of already existing studies about women in academia: women, especially mother, are facing similar issues while being PhD students or young researchers in France, Portugal, Greece and Germany. They also have to cope with the lack of self-confidence and questions on their legitimacy in science (especially in fields with low representation of females). The degree of these challenges is increasing when they become mothers.

All participants also expressed their passion for research and opportunities provided by following the PhD studies: meeting new people, travelling, overcoming biases and excelling their knowledge. According to them, there is a visible progress in the spreading of values of gender balance, equality and diversity, as these elements are more and more taken into account within universities' and labs' communities. Solidarity and female networks are the keys to succeed in PhD and post-doctoral studies.

They reaffirm that women's point of view and opening of the perspective are absolutely necessary in every scientific field, as diverse experiences and stories must be heard and contribute to the production of knowledge.



